



• BUFFALO ORIGINALS •

ANCHOR BAR'S WORLD FAMOUS WINGS

All of our World Famous Wing orders are served with traditional celery and bleu cheese, just like Mother served us that famous night in 1964.

We want our loyal customers to know that we use only unsaturated zero gram trans fat to fry our wings.

TRADITIONAL WINGS ^{GF}

Single (10pc) **\$13.99** | Double (20pc) **\$24.99**
Bucket (50pc) **\$52.99**

BONELESS WINGS

Fresh hand cut and breaded

Single (10pc) **\$13.99** | Double (20pc) **\$24.99**
Bucket (50pc) **\$52.99**

BUFFALO'S BEST- ANCHOR BAR WINGS & WECK

Five wings tossed in your choice of Anchor Bar Wing Sauce or dry rub alongside Buffalo's favorite sandwich — juicy roast beef piled high on a freshly baked kimmelweck roll. Served with french fries. 15.99

ANCHOR BAR CHICKEN TENDERS

Fresh chicken tenders breaded in house and fried til golden brown. Tossed in your choice of Anchor Bar Wing Sauce or dry rub, served with french fries and bleu cheese. 12.99

GRILLED TENDERS ^{GF}

Fresh chicken tenders grilled and coated in your choice of Anchor Bar Rubs. Served with french fries and bleu cheese. 12.99

SAUCES

MILD - MEDIUM - HOT - X-HOT - SPICY HOT BBQ
HONEY BOURBON BBQ - CHIPOTLE BBQ
SPICY GARLIC PARMESAN - HONEY GARLIC
EXTREME HEAT IF YOU DARE!

RUBS

CAJUN - JERK - HABANERO SPICE - OLD BAY
ORIGINAL BUFFALO - LEMON PEPPER

All flats/All drums +.99 Per 10 Wings
Char-Grill your wings +.99 • Bleu Cheese +.59

Ask your server for gluten free sauce options.

: ANCHOR BAR SIGNATURE ITEMS

APPETIZERS

BUFFALO SHRIMP ^{GF} Grilled shrimp tossed in Original (Medium) Anchor Bar Wing Sauce served with a side of celery and bleu cheese. 13.99

LOADED FRIES ^{GF} A generous portion of our fries smothered in white queso and topped with crispy bacon and sour cream (add jalapenos for .50¢ more). 9.99

FRIED PICKLES Large, juicy, dill pickles fried golden and served with a side of ranch. 8.99

PIZZA LOGS (5pc) Made in house egg roll wraps stuffed with mozzarella cheese and pepperoni. Served with a side of pizza sauce. 10.99

MOZZARELLA STIX (6pc) Breaded and fried gooey mozzarella stix, served with a side of marinara. 9.99

ADD 5 WINGS
to any order + 6.99

SOUP & SALAD

CHOICE OF DRESSINGS

House Italian • Ranch • Light Ranch • Caesar • Creamy Peppercorn • Bleu Cheese
Raspberry Vinaigrette • Honey Mustard • Balsamic Vinaigrette

BLACK & BLEU SALAD ^{GF} Mixed greens tossed with tomatoes, red onion and cucumbers topped with a 6oz NY strip steak and crumbled bleu cheese. 13.99

WEDGE SALAD ^{GF} Crisp iceberg wedge with tomatoes, cucumbers, warm bacon crumbles and crumbled bleu cheese with bleu cheese dressing. 9.99

CAESAR SALAD Crisp romaine lettuce with croutons and parmesan cheese, tossed in a creamy caesar dressing. 9.99

SPINACH SALAD ^{GF} Fresh spinach served with chopped bacon, tomatoes, dried cranberries and crumbled egg, dressed with balsamic vinaigrette. 12.99

BUFFALO CHICKEN SALAD Crispy or grilled chicken strips tossed with Original (Medium) Anchor Bar Wing Sauce served over mixed greens, cucumbers, tomatoes and crumbled bleu cheese. 14.99

**ADD GRILLED CHICKEN,
GRILLED SHRIMP OR SALMON + 5.99**
ADD A CRAB CAKE + 8.99

PIZZA

TRADITIONAL ANCHOR BAR STYLE! ADDITIONAL TOPPINGS - sm \$1.99 | lg \$2.99
Gluten Free Pizza Dough Available!

Onions • Sausage • Pepperoni (Cup & Char) • Bacon • Mushrooms • Black Olives • Hot or Banana Peppers

CHEESE PIZZA sm 12.99 | lg 15.99

WHITE PIZZA Olive oil, garlic, tomatoes, onions, parmesan and mozzarella cheese. sm 12.99 | lg 15.99

BUFFALO CHICKEN WING PIZZA Diced chicken breast tossed in our Original (Medium) Anchor Bar Wing Sauce topped with mozzarella and crumbled bleu cheese. sm 14.99 | lg 17.99

CRAB PIZZA Special house blend of cheeses and spices topped with crabmeat, sundried tomatoes and sweet drop peppers. sm \$15.99 | lg \$18.99

ALL MEAT PIZZA Sausage, bacon, pepperoni and mozzarella cheese. sm 15.99 | lg 18.99

SIDE ORDERS **3.99 each**

SIDE SALAD • FRENCH FRIES • SWEET POTATO FRIES • MAC & CHEESE • COLE SLAW
French fries can be seasoned with your choice of our signature dry rubs for +.99

CONSUMING RAW OR UNDERCOOKED ANIMAL FOODS MAY INCREASE YOUR RISK OF CONTRACTING A FOOD BORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

^{GF} WHILE WE OFFER GLUTEN FREE MENU OPTIONS, WE ARE NOT A GLUTEN FREE KITCHEN. CROSS-CONTAMINATION COULD OCCUR AND OUR RESTAURANT IS UNABLE TO GUARANTEE THAT ANY ITEM CAN BE COMPLETELY FREE OF ALLERGENS. ^{GF}

BURGERS

Charbroiled 8oz. FRESH Angus Beef patty.
Served with french fries and a pickle spear.
Add caramelized onions for +.99
Add bacon for +1.50

Gluten Free Rolls Available! For +.99

THE AMERICAN Our fresh Angus beef patty char grilled and topped with American cheese, lettuce, tomato and red onion on a fresh kaiser roll. 12.99

BUFFALO WING BURGER Our fresh Angus beef patty char grilled and smothered in our Original (Medium) Anchor Bar Wing Sauce. Topped with a World Famous Chicken Wing, crumbled bleu cheese, lettuce, tomato and red onion on a fresh kaiser roll. 13.99

VEGETARIAN BURGER Beyond Burger char grilled and topped with lettuce, tomato and red onion on a fresh kaiser roll. Served with a side salad. 12.99

BBQ BACON BURGER Our fresh Angus beef patty char grilled and topped with Anchor Bar's Spicy Hot BBQ Sauce, crisp bacon, lettuce, tomato and red onion on a fresh kaiser roll. 13.99 **Add cheese for +.99**

TURKEY BURGER A lean seasoned turkey burger char grilled and topped with lettuce, tomato and red onion on a fresh kaiser roll. 13.99 **Add cheese for +.99**

BACON BLEU BURGER Our fresh Angus beef patty char grilled and topped with caramelized onions, crispy bacon, crumbled bleu cheese, lettuce, tomato and red onion on a fresh kaiser roll. 13.99


KIDS

KIDS 12 YEARS & UNDER

YOUR CHOICE FOR 6.99 • INCLUDES SOFT DRINK

ANCHOR BAR CHICKEN FINGERS & FRIES

(2pc) Served plain or tossed with your choice of Anchor Bar Wing Sauce and bleu cheese.

CHICKEN WINGS  (4pc) Served plain or tossed with your choice of Anchor Bar Wing Sauce with bleu cheese and celery.

PIZZA LOGS & FRIES (3pc) Served with a side of pizza sauce.

PIZZA Mozzarella cheese and pepperoni.

GRILLED CHEESE & FRIES Grilled Texas Toast with American cheese.

SANDWICHES & WRAPS

Served with french fries and a pickle spear.
Gluten Free Wraps Available! For +.99



ROAST BEEF ON WECK Slow roasted, thinly sliced roast beef piled high and served on a freshly baked kimmelweck roll. 12.99



BUFFALO CHICKEN SANDWICH Fried chicken breast tossed in Original (Medium) Anchor Bar Wing Sauce topped with lettuce, tomato and red onion. Served with bleu cheese dressing on a kaiser roll. 12.99

CHICKEN CAESAR WRAP Tender grilled chicken strips with crisp romaine lettuce, parmesan cheese and creamy caesar dressing wrapped in a flour tortilla. 11.99

MEATBALL HOAGIE Perfectly seasoned hearty meatballs covered with our own homemade sauce and smothered in melted mozzarella cheese served on a baked hoagie roll. 11.99

SHRIMP WRAP Our grilled shrimp with lettuce, tomato and shredded cheddar jack cheese wrapped in a flour tortilla. 12.99



BUFFALO CHICKEN WRAP Breaded chicken strips with our Original (Medium) Anchor Bar Wing Sauce, crumbled bleu cheese and lettuce wrapped in a flour tortilla. 11.99

GRILLED CHICKEN SANDWICH Juicy chicken breast grilled and topped with lettuce, tomato and red onion on a fresh kaiser roll. 11.99

• **Add your choice of cheese for +.99**



CHICKEN PHILLY Chicken breast grilled with mushrooms and caramelized onions. Smothered in provolone cheese and served on a baked hoagie roll. 12.99 **Make it Buffalo Style with our Original (Medium) Anchor Bar Wing Sauce!**
Add crumbled bleu cheese for +.99

GRILLED STEAK SANDWICH 6oz. NY strip steak with provolone cheese served on a baked hoagie roll. 12.99 **Add mushrooms, onions or crumbled bleu cheese for +.99 each**

BLT Crispy Texas Toast piled high with bacon and topped with lettuce, tomato and mayo. 8.99

WWW.ANCHORBAR.COM

5605 Spectrum Drive • (240) 651-5580

FREDERICK, MD

Frank & Teressa's

ANCHOR BAR

• ESTABLISHED 1935 BUFFALO, NY •



"THE ONLY WAY TO WING IT!"

Authentic Buffalo-style chicken wings-
the original 1964 Anchor Bar recipe

(240) 651-5580

WWW.ANCHORBAR.COM

5605 Spectrum Drive

FREDERICK, MD