

"THE REAL STORY"



On March 4th, 1964, Dominic Bellissimo was tending bar at the now famous Anchor Bar Restaurant in Buffalo, NY. Late that evening, a group of Dominic's friends arrived at the bar with ravenous appetites. Dominic asked his mother, Teresa, to prepare something for his friends to eat. They looked like chicken wings, a part of the chicken that usually went into the stock pot for soup.

Teresa had deep fried the wings and flavored them with a secret sauce. The wings were an instant hit and it didn't take long for people to flock to the bar to experience this new taste sensation. From that evening on, Buffalo Wings became a regular part of the menu at the Anchor Bar.



The phenomenon created in 1964 by Teresa Bellissimo has spread across the globe. Although many have tried to duplicate Buffalo Wings, the closely guarded secret recipe is what makes Frank & Teresa's the proclaimed "Best Wings in the World."

"THE ONLY WAY TO WING IT!"

Authentic Buffalo-style chicken wings- the original 1964 Anchor Bar recipe

Frank & Teresa's

ANCHOR BAR®

• BUFFALO ORIGINALS •

ANCHOR BAR'S WORLD FAMOUS WINGS

All of our World Famous Wing orders are served with traditional celery and bleu cheese, just like Mother served us that famous night in 1964.

We want our loyal customers to know that we use only unsaturated zero gram trans fat to fry our wings.

TRADITIONAL WINGS (GF)*

Single (10pc) **\$12.99**

Double (20pc) **\$22.99**

Bucket (50pc) **\$48.99**

MEATLESS WINGS

Plant based wings are our meatless version of the Original Chicken Wing shaken in your choice of our meatless sauce selections 13.99

BUFFALO'S BEST- ANCHOR BAR WINGS & WECK

Five wings tossed in your choice of Anchor Bar Wing Sauce or dry rub alongside Buffalo's favorite sandwich — juicy roast beef piled high on a freshly baked kimmelweck roll. Served with french fries. 15.99

SAUCES

MILD - MEDIUM - HOT

HONEY BOURBON BBQ - CHIPOTLE BBQ

SPICY GARLIC PARMESAN - HONEY GARLIC

EXTREME HEAT IF YOU DARE!

Doubles and Buckets can be split in flavors

*Ask your server for gluten free sauce options.

BONELESS WINGS

Fresh hand cut and breaded

Single (10pc) **\$12.99**

Double (20pc) **\$22.99**

Bucket (50pc) **\$48.99**

ANCHOR BAR CHICKEN TENDERS

Fresh chicken tenders breaded in house and fried til golden brown. Tossed in your choice of Anchor Bar Wing Sauce or dry rub, served with french fries and bleu cheese. 12.99

GRILLED TENDERS *(GF)

Fresh chicken tenders grilled and coated in your choice of Anchor Bar Sauce or Rubs. Served with french fries and bleu cheese. 12.99

RUBS

CAJUN - JERK - HABANERO RANCH - LEMON PEPPER

ORIGINAL BUFFALO - BUFFALO RANCH

Char-grill your wings +.99

Extra Ranch or Blue Cheese +.59

WINGS THAT FLY

WE SHIP our wings all over the country! Ask your server for more information www.anchorbar.com

APPETIZERS

CAULIFLOWER WING BITES

Breaded cauliflower deep fried till golden brown. Served plain or tossed in your favorite Anchor Bar Wing Sauce. 8.99

GARLIC BREAD Toasted, crispy roll topped with garlic, butter and mozzarella cheese baked to perfection. 7.99

MOZZARELLA STIX (6pc) Breaded and fried gooey mozzarella stix served with a side of marinara. 7.99

BUFFALO SHRIMP Deep fried breaded shrimp tossed in Original (Medium) Anchor Bar Wing Sauce served with a side of celery and bleu cheese. 9.99

ANCHOR BAR DIP (GF)

Velvety blend of cream cheese, Anchor Bar's Original Bleu Cheese and our Original (Medium) Anchor Bar Sauce with chunks of chicken. Served warm with multi colored tortilla chips 10.99

PIZZA LOGS A Buffalo Favorite made In House! Egg roll wraps stuffed with mozzarella cheese and pepperoni. Served with a side of pizza sauce. 3pc for 7.99 or 5pc for 10.99

QUESO (GF) Mouthwatering queso served with multi colored tortilla chips. 6.99

QUESADILLA Flour tortilla filled with grilled chicken layered with queso, cheddar cheese and salsa grilled to perfection. Served with sour cream. 9.99

Make it Buffalo Style with our Original (Medium) Anchor Bar Wing Sauce!

FRIED PICKLES Large, juicy dill pickles fried golden and served with a side of ranch. 7.99

LOADED FRIES (GF) A generous portion of our fries smothered in white queso and topped with crispy bacon and sour cream 8.99 **Add jalapenos for .50¢**

SOUP & SALAD

CHOICE OF DRESSINGS: Italian • Ranch • Light Ranch • Caesar • Creamy Peppercorn • Bleu Cheese • Raspberry Vinaigrette • Honey Mustard • Balsamic Vinaigrette

SPINACH SALAD (GF) Fresh spinach with chopped bacon, tomatoes, dried cranberries and crumbled egg, served with balsamic vinaigrette. 11.99

CAESAR SALAD Crisp romaine lettuce with croutons and parmesan cheese, tossed in a creamy caesar dressing. 9.99

STRAWBERRY PECAN (GF) Mixed greens topped with fresh strawberries, pecans and goat cheese, served with raspberry vinaigrette dressing. 12.99

WEDGE SALAD (GF)

Crisp iceberg wedge with tomatoes, cucumbers, warm bacon crumbles and crumbled bleu cheese with bleu cheese dressing. 9.99

BLACK N BLEU SALAD (GF)

Mixed greens tossed with tomatoes, cucumbers, topped with tender sliced steak and bleu cheese crumbles and your choice of dressing. 16.99

ADD CHICKEN + 3.99

ADD STEAK + 4.99

ADD SALMON + 5.99

ADD GRILLED SHRIMP + 4.99

BUFFALO CHICKEN SALAD

Crispy or grilled chicken strips tossed with Original (Medium) Anchor Bar Wing Sauce served over mixed greens, cucumbers, tomatoes and crumbled bleu cheese. 13.99

SOUP OF THE DAY Ask your server
bowl 5.99 | cup 4.99

ADD 5 WINGS
to any order + 6.99

ENTREES

All entrees served with a side salad. Olive oil and garlic can be substituted for any sauce option.

RIGATONI OR SPAGHETTI

Served with two meatballs, topped with our delicious homemade sauce. 12.99

• **Additional meatball +1.99 each**

CHICKEN PARMESAN

Tender chicken breast lightly breaded and fried. Topped with our homemade sauce and smothered in mozzarella cheese. Served with your choice of pasta. 16.99

FETTUCCINI ALFREDO

Creamy white sauce with parmesan cheese. 14.99

• **Add grilled chicken +3.99**

TERIYAKI GLAZED SALMON

Grilled salmon glazed with teriyaki served with french fries. 18.99

FISH N' CHIPS Our hand battered haddock served with tartar sauce and french fries. 14.99

BUFFALO MAC & CHEESE

Heaping portion of our gooey mac and cheese topped with a tender chicken breast lightly breaded and fried coated with our Original (Medium) Anchor Bar Wing Sauce. Topped with crumbled bleu cheese and green onions. 11.99

ADD 5 WINGS
to any order + 6.99

TRADITIONAL ANCHOR BAR STYLE!

CHEESE sm 12.99 | lg 15.99

WHITE PIZZA Olive oil & garlic, onion, tomato, parmesan and mozzarella cheese. sm 12.99 | lg 15.99

VEGGIE SUPREME PIZZA

Our Original Anchor Bar Pizza Sauce topped with mushrooms, green peppers, and onion sm \$12.99 | lg \$16.99

ALL MEAT PIZZA

Sausage, bacon, pepperoni, and mozzarella cheese sm 15.99 | lg 19.99

BUFFALO CHICKEN WING PIZZA

Diced chicken breast tossed in our Original (Medium) Anchor Bar Wing Sauce topped with mozzarella and bleu cheese sm 14.99 | lg 18.99

ADDITIONAL TOPPINGS
sm \$1.99 | lg \$2.29

TOPPINGS

Pepperoni (Cup & Char)

Sausage • Bacon

Onion • Green Pepper

Sliced Tomatoes • Mushrooms

Green Olives • Black Olives

Jalapenos • Banana Peppers



 : ANCHOR BAR SIGNATURE ITEMS 18% GRATUITY ADDED TO CHECK FOR PARTIES OF 8 OR MORE

CONSUMING RAW OR UNDERCOOKED ANIMAL FOODS MAY INCREASE YOUR RISK OF CONTRACTING A FOOD BORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

(GF)

WHILE WE OFFER GLUTEN FREE MENU OPTIONS, WE ARE NOT A GLUTEN FREE KITCHEN. CROSS-CONTAMINATION COULD OCCUR AND OUR RESTAURANT IS UNABLE TO GUARANTEE THAT ANY ITEM CAN BE COMPLETELY FREE OF ALLERGENS.

(GF)

BURGERS

ADD 5 WINGS
to any order + 6.99

Charbroiled 8oz. FRESH Angus Beef patty. Served with french fries and a pickle spear.
Add caramelized onions for +.99 | Add bacon for +1.50
Gluten Free Rolls Available! For +.99

THE AMERICAN Our fresh Angus beef patty char grilled and topped with American cheese, lettuce, tomato and red onion on a fresh kaiser roll. 10.99

BUFFALO WING BURGER Our fresh Angus beef patty char grilled and smothered in our Original (Medium) Anchor Bar Wing Sauce. Topped with a World Famous Chicken Wing, crumbled bleu cheese, lettuce, tomato and red onion on a fresh kaiser roll. 11.99

VEGETARIAN BURGER Beyond Burger char grilled and topped with lettuce, tomato and red onion on a fresh kaiser roll. 13.99

BBQ BACON BURGER Our fresh Angus beef patty char grilled and topped with cheddar cheese, Anchor Bar's Spicy Hot BBQ Sauce, crisp bacon, lettuce, tomato and red onion on a fresh kaiser roll. 11.99

TURKEY BURGER A lean seasoned turkey burger char grilled and topped with lettuce, tomato and red onion on a fresh kaiser roll. 11.99 • **Add cheese for +.99**

BACON BLEU BURGER Our fresh Angus beef patty char grilled and topped with caramelized onions, crispy bacon, crumbled bleu cheese, lettuce, tomato and red onion on a fresh kaiser roll. 11.99

SANDWICHES & WRAPS

Served with french fries and a pickle spear.
Gluten Free Rolls & Wraps Available! For +.99

ROAST BEEF ON WECK Slow roasted, thinly sliced roast beef piled high and served on a freshly baked kimmelweck roll. 11.99

BUFFALO CHICKEN SANDWICH Fried chicken breast tossed in Original (Medium) Anchor Bar Wing Sauce topped with lettuce, tomato and red onion. Served with bleu cheese dressing on a kaiser roll. 10.99

CHICKEN CAESAR WRAP Tender grilled chicken strips with crisp romaine lettuce, parmesan cheese and creamy caesar dressing wrapped in a flour tortilla. 10.99

MEATBALL HOAGIE Perfectly seasoned hearty meatballs covered with our own homemade sauce and smothered in melted mozzarella cheese served on a baked hoagie roll. 11.99

VEGGIE WRAP Sliced mushrooms, lettuce, green bell peppers, tomatoes and yellow onion topped with your choice of cheese and wrapped in a flour tortilla and grilled. 9.99

BUFFALO CHICKEN WRAP Breaded chicken strips with our Original (Medium) Anchor Bar Wing Sauce, crumbled bleu cheese and lettuce wrapped in a flour tortilla. 10.99

CHICKEN PHILLY Chicken breast grilled with mushrooms and caramelized onions. Smothered in queso and served on a baked hoagie roll. 12.99 **Make it Buffalo Style with our Original (Medium) Anchor Bar Wing Sauce!**
• **Make it a Steak Philly for +2.00 more!**

TURKEY CLUB Your choice of white or wheat bread toasted, piled high with crispy bacon, fresh turkey, lettuce, tomato and mayonnaise. 10.99

GRILLED CHICKEN SANDWICH Juicy chicken breast grilled and topped with lettuce, tomato and red onion on a fresh kaiser roll. 10.99 • **Add your choice of cheese for +.99**

GRILLED TUNA MELT Tuna salad, aged swiss cheese, crispy bacon strips, grilled on white or wheat bread. 10.99

SIDE ORDERS 3.99 each

SIDE SALAD • FRENCH FRIES • SWEET POTATO FRIES • ANCHOR WEDGES
MAC & CHEESE • COLE SLAW • SEASONAL VEGGIES


YOUR CHOICE FOR 5.99

KIDS

INCLUDES SOFT DRINK

KIDS 12 YEARS & UNDER

ANCHOR BAR CHICKEN TENDERS & FRIES (2pc)
Served plain or tossed with your choice of Anchor Bar Wing Sauce and bleu cheese.

CHICKEN WINGS  * (3pc) Served plain or tossed with your choice of Anchor Bar Wing Sauce with bleu cheese and celery.

PIZZA LOGS & FRIES (2pc) Served with a side of pizza sauce.

GRILLED CHEESE Grilled cheese sandwich served with french fries.

MAC & CHEESE Pasta smothered in a creamy cheese sauce.

SPAGHETTI Served in our homemade pasta sauce.

PIZZA Mozzarella cheese and pepperoni.

Frank & Teressa's

ANCHOR BAR®

• ESTABLISHED 1935 BUFFALO, NY •



KENNESAW, GEORGIA

2708 Town Center Drive | Kennesaw, Georgia, 30144

WWW.ANCHORBAR.COM

THE HOME OF THE ORIGINAL BUFFALO WING IS GROWING!

VISIT US AT WWW.ANCHORBAR.COM

to view all of our locations across the United States and Canada!