

# ANCHOR BAR FREDERICK MENU

## Appetizers

**Fried Pickles:** Juicy dill pickles served with a side of cayenne ranch. \$8.99

**Queso & Chips:** Mouthwatering queso served with multi-colored tortilla chips. \$6.99

**Onion Rings:** Panko crusted onion rings served with a side of cayenne ranch and sprinkled with parmesan cheese. \$7.99

**Mozzarella Stix:** Goopy mozzarella stix breaded fried and served with a side of marinara. \$9.99

**Loaded Fries:** A generous portion of our french fries smothered in queso, crispy bacon and sour cream. \$9.99 Add jalapenos + .50

**Chili Fries:** Skin on french fries covered in beer cheese and chili. \$9.99

**Chesapeake Shrimp:** A pound of shrimp cooked with Old Bay and Labatt Blue. \$13.99

**Drunken Mussels:** A pound of mussels cooked with garlic, Old Bay and Labatt Blue. \$13.99

**Loaded Tots:** Beer cheese or queso, bacon and sour cream. \$9.99

**Chili Cheese Tots:** Chili and beer cheese. \$9.99

**Veggie Eggrolls:** Eggrolls filled with carrots, broccoli, cabbage and celery and served with Sweet Chili Sauce. \$10.99

**Pizza Logs:** Egg roll wraps stuffed with mozzarella cheese and pepperoni, served with a side of pizza sauce. \$7.99 3 pieces / \$10.99 5 pieces

**Crispy Cauliflower:** Cauliflower breaded and served plain or tossed in your favorite Anchor Bar sauce. Served with bleu cheese. \$8.99

**Rockfish Bites:** Fresh rockfish covered in our house batter served with mustard aioli. \$10.99

## Wings & Things

Traditional\* or Boneless

Single (10 pieces) 1 sauce max \$14.99

Double (20 pieces) 2 sauces max \$25.99

Bucket (50 pieces) 5 sauces max \$55.99

**Sauce Options:** Mild, Medium, Hot, X-Hot, Spicy BBQ, Honey Bourbon BBQ, Chipotle BBQ, Teriyaki, Garlic Parmesan, Spicy Garlic Parmesan, Honey Garlic, Sweet Chili, Extreme Heat

**Dry Rubs:** Cajun, Jerk, Habanero Spice, Old Bay, Original Buffalo, Lemon Pepper

Extra Bleu Cheese/Ranch dressing + .59

\*All Flat/Drums + .99 per 10 wings

\*Char-grill your wings + .99 per 10 wings

**Chicken Tenders:** Fresh chicken tenders breaded in house and tossed in your choice of sauce or dry rub. Served with french fries \$12.99 (Can be grilled)

**Wings & Weck:** 5 traditional wings alongside Buffalo's favorite sandwich - juicy roast beef piled high on a freshly baked kimmelweck roll. Served with french fries. \$16.99

## Chili & Salads

**Chili:** Served with sour cream, mixed cheese and red onions. Bowl \$5.99

**Black & Bleu Salad:** Mixed greens tossed with tomatoes, red onions and cucumbers and topped with tender steak and crumbled bleu cheese. \$16.99

**Caesar Salad:** Fresh & crisp romaine lettuce tossed in a creamy caesar dressing and topped with a grilled chicken breast, parmesan cheese and croutons. \$14.99 Sub Salmon +1.99

**Buffalo Chicken Salad:** Crispy or grilled chicken strips tossed with our Anchor Bar original medium wing sauce and served over mixed greens, cucumbers, tomatoes and crumbled bleu cheese. \$14.99

**Wedge Salad:** Iceberg wedge served with cucumbers, tomatoes, bacon, crumbled bleu cheese and bleu cheese dressing. \$9.99

## Burgers

Comes with your choice of side: French fries, waffle fries, sweet potato fries, seasonal vegetables, coleslaw, side salad, mac & cheese or onion rings. Loaded fries + 1.99      Gluten free bun available + .99

**The American:** Fresh Angus beef patty chargrilled and topped with American cheese, lettuce, tomato and red onion on a fresh kaiser roll. \$15.99

**Vegetarian:** Beyond Burger char-grilled and topped with lettuce, tomato and red onion on a fresh kaiser roll. 16.99

**BBQ Bacon:** Fresh Angus beef patty chargrilled and topped with cheddar cheese, Anchor Bar's spicy hot BBQ Sauce, crisp bacon, lettuce, tomato and red onion on a fresh kaiser roll. \$16.99

**Bacon Bleu:** Fresh Angus beef patty chargrilled and topped with caramelized onions, crispy bacon, crumbled bleu cheese, lettuce, tomato and red onion on a fresh kaiser roll. \$16.99

## Sandwiches & Wraps

All sandwiches are served with your choice of side: French fries, waffle fries, sweet potato fries, seasonal veggies, coleslaw, side salad or mac & cheese. Gluten free bun or wrap available +.99

**Chicken Philly:** Tender chicken strips grilled with mushrooms and caramelized onions and smothered in queso cheese and served on a baked hoagie roll. \$12.99  
Make it Buffalo Style with Anchor Bar's Original Medium Wing Sauce – Ask your server!

**Buffalo Chicken Sandwich:** Chicken breast grilled or breaded in house, tossed in our Anchor Bar Original Medium Wing Sauce and topped with lettuce, tomato and red onion. Served with bleu cheese dressing on a kaiser roll. \$12.99

**Roast Beef on Weck:** Slow roasted, thinly sliced roast beef piled high and served on a freshly baked kimmelweck roll. With a side of au jus and horseradish. \$14.99

**Steak Philly:** Grilled with mushrooms, green peppers and caramelized onions, smothered in provolone cheese and served on a baked hoagie roll. \$12.99

**O'Honey Chicken Sandwich:** Chicken breast grilled or breaded in house with bacon, Swiss cheese, honey mustard, lettuce, tomato and red onion on a freshly baked kaiser roll. \$12.99

**Chicken Caesar Wrap:** Tender grilled chicken strips with crisp romaine lettuce, parmesan cheese and creamy Caesar dressing wrapped in a flour tortilla. \$11.99

**Buffalo Chicken Wrap:** Breaded chicken strips with Anchor Bar's Original Medium Wing Sauce, crumbled bleu cheese and lettuce wrapped in a flour tortilla. \$11.99

**BLT:** Crispy Texas toast piled high with bacon and topped with lettuce, tomato and mayo. \$8.99

**Hot Dogs:** Sahlen's hot dogs are here! Two char-grilled Sahlen's hot dogs served with french fries. \$10.99 Add chili and cheese + 1.99

## Entrees

All entrees served with a side salad and choice of dressing: House Italian, Ranch, Light Ranch, Caesar, Creamy Peppercorn, Bleu Cheese, Raspberry Vinaigrette, Honey Mustard or Balsamic Vinaigrette.

**Seafood Alfredo:** Fettucini pasta mixed with a creamy white sauce with parmesan cheese, broccoli and topped with Cajun salmon and shrimp. \$18.99

**Spaghetti:** Served with three meatballs and topped with our delicious homemade sauce. \$11.99 Add one meatball + 1.99

**Fish & Chips:** Hand battered haddock served with tartar sauce and french fries. \$14.99

**Buffalo Mac & Cheese:** Heaping portion of our gooey mac and cheese topped with boneless wings coated with our Original (Medium) Anchor Bar Wing Sauce. Topped with crumbled bleu cheese and green onions \$11.99

**Fettuccini Chicken Alfredo:** Creamy white sauce with parmesan cheese, broccoli and topped with grilled Cajun chicken. \$14.99

**Baby Back Ribs:** Mouthwatering house smoked pork ribs served with french fries. Half Rack \$14.99 Full Rack \$24.99 Add 5 Wings to make it a platter! + 6.99

## Side Orders

French Fries – Waffle Fries – Sweet Potato Fries – Seasonal Vegetables – Coleslaw – Side Salad – Mac & Cheese. \$3.99 each

## Combo Deals

**Combo #1:** Large cheese pizza, 10 traditional and 10 boneless. \$36.99

**Combo #2:** 20 traditional, 20 boneless, side of french fries, large house or Caesar salad. \$49.99

## Pizza

Gluten free pizza dough crust available + .99 (sm only)

**All Meat:** Sausage, bacon, pepperoni, mozzarella cheese and Anchor Bar pizza sauce \$15.99 (sm) / \$18.99 (lg)

**White:** Olive oil, garlic, tomatoes, onions, parmesan and mozzarella cheeses. \$12.99 (sm) / \$15.99 (lg)

**Buffalo Chicken Wing:** Diced chicken breast tossed in our Original (Medium) Anchor Bar Wing Sauce topped with mozzarella and bleu cheese \$14.99 (sm) / \$17.99 (lg)

**BBQ Chicken:** Diced chicken breast, Honey Bourbon BBQ Sauce, mozzarella cheese, onions and bacon. \$15.99 (sm) / \$18.99 (lg)

**Veggie Supreme:** Anchor Bar pizza sauce, mozzarella cheese topped with mushrooms, green peppers, banana peppers and onions. \$13.99 (sm) / \$16.99 (lg)

**Cheese:** Mozzarella cheese with Anchor Bar pizza sauce. \$12.99 (sm) / \$15.99 (lg)

**Additional Toppings:** Onions, Sausage, Cup and Char Pepperoni, Bacon, Mushrooms, Black Olives, Hot Peppers, Banana Peppers \$1.49 each (sm) / \$2.99 each (lg)

## Dessert

**Molten Cake:** Deeply chocolate, enrobed in chocolate and filled with a dark chocolate truffle center and served with a scoop of vanilla ice cream and whipped cream. \$6.99

**Brownie and Ice Cream:** Dense and fudgy brownie that is deep and rich with flavor. Served with a scoop of vanilla ice cream. \$6.99 Add one scoop + .99

**Key Lime Pie:** Authentic Florida key lime, tartly refreshing on a granola crust. \$6.99

\*All tables of 6 or more will have 18% gratuity added.

\* No more than 4 split checks per group.

Happy  
Hour  
m-F 3-6pm

# Anchor Bar Frederick

good drinks. good food . good times

**MON  
DAY**

**1/2 Price Pizza**

**TUES  
DAY**

**1/2 Price Salads**

**WEDNES  
DAY**

**50 cent Boneless Wings**

**THURS  
DAY**

**Weck and Side \$10**

**FRI  
DAY**

**Fish n Chips \$10**

**SAT  
DAY**

**1/2 Price Mussels**

**SUN  
DAY**

**1/2 Rack and side \$10**

Sunday - Tuesday: 11am-10pm

Wednesday-Saturday: 11am-11pm

