



APPS+SNACKS

BATTERED MOZZARELLA STICKS 11.54

Served with marinara sauce

ONION RINGS 13.19

Thick-cut onion rings, beer battered & fried golden brown, served with our own special BBQ mayo

FRIED PICKLES 13.19

Served with horseradish sauce

FRENCH FRIES 6.5

Golden brown, plain or seasoned

SOUPS+SALADS

ORIGINAL ANCHOR BAR SPICY HOT CHICKEN WING SOUP 7.14

SOUP DU JOUR 7.14

BUFFALO CHICKEN TENDER SALAD 18.

Crisp lettuce, fresh tomatoes, cucumbers, shredded cheddar cheese topped with choice of grilled or crispy chicken & tossed in Anchor Bar Sauce (mild, medium, hot, extreme heat or spicy BBQ)

CHICKEN CAESAR SALAD 18.

Crisp romaine lettuce, shredded Parmesan cheese & croutons topped with choice of grilled or crispy chicken

SMALL ANCHOR SALAD 9.89

Crisp lettuce, fresh tomatoes, cucumbers, chickpeas & croutons

SMALL CAESAR SALAD 9.89

Crisp romaine lettuce, shredded Parmesan cheese & croutons

ANCHOR BAR SIGNATURE ITEMS



OUR FAMOUS WINGS

CHICKEN WINGS 18.

Prepared with original Anchor Bar Sauce (mild, medium, hot, extreme heat or spicy BBQ), served with Anchor Bar Bleu Cheese & celery sticks

ALSO AVAILABLE IN BONELESS AND MEATLESS

OTHER THINGS

CHICKEN TENDER PLATTER 16.49

Crispy chicken tenders, breaded and prepared with your choice of Anchor Bar Sauce (mild, medium, hot, extreme heat or spicy BBQ), french fries & Anchor Bar Bleu Cheese

CHICKEN TENDER HOAGIE 14.5

Crispy chicken tenders, breaded, served plain or your choice of Anchor Bar Sauce (mild, medium, hot, extreme heat or spicy BBQ), lettuce, tomato & provolone cheese on a hoagie roll, served with macaroni salad

BEEF ON WECK 15.

Thin-sliced roast beef on a kimmelweck roll, served with macaroni salad & horseradish

TURKEY CLUB HOAGIE 14.25

Smoked turkey breast, crispy bacon, provolone cheese, lettuce, fresh tomato & basil mayo on a toasted hoagie roll, served with macaroni salad

CHEESEBURGER 14.29

Beef patty topped with cheddar cheese, lettuce, tomato on a soft roll served with a side of macaroni salad

THE REAL STORY

On March 4th, 1964, Dominic Bellissimo was tending bar at the now-famous Anchor Bar Restaurant in Buffalo, NY. Late that evening, a group of Dominic's friends arrived at the bar with ravenous appetites. Dominic asked his mother, Teresa, to prepare something for his friends to eat. They looked like chicken wings, a part of the chicken that usually went into the stockpot for soup. Teresa had deep-fried the wings and flavoured them with a secret sauce. The wings were an instant hit and it didn't take long for people to flock to the bar to experience their new taste sensation. From that evening on, Buffalo wings became a regular part of the menu at the Anchor Bar. The phenomenon created in 1964 by Teresa Bellissimo has spread across the globe. Although many have tried to duplicate the Buffalo wing, the closely guarded secret recipe is what makes Frank & Teresa's the proclaimed "Best Wings in the World."

