

"THE REAL STORY"



On March 4th, 1964, Dominic Bellissimo was tending bar at the now-famous Anchor Bar Restaurant in Buffalo, NY. Late that evening, a group of Dominic's friends arrived at the bar with ravenous appetites. Dominic asked his mother, Teressa, to prepare something for his friends to eat. They looked like chicken wings, a part of the chicken that usually went into the stockpot for soup.

Teressa had deep-fried the wings and flavoured them with a secret sauce. The wings were an instant hit and it didn't take long for people to flock to the bar to experience their new taste sensation. From that evening on, Buffalo wings became a regular part of the menu at the Anchor Bar.

The phenomenon created in 1964 by Teressa Bellissimo has spread across the globe. Although many have tried to duplicate the Buffalo wing, the closely guarded secret recipe is what makes Frank & Teressa's the proclaimed... "BEST WINGS IN THE WORLD".

Frank & Teressa's

ANCHOR BAR® • BUFFALO ORIGINALS.

ANCHOR BAR'S WORLD FAMOUS WINGS



All of our World Famous Wing orders are served with traditional celery and bleu cheese, just like Mother served us that famous night in 1964.

SPECIAL NOTE TO OUR CUSTOMER: We only use unsaturated zero gram trans fat per serving to fry our wings.

SAUCES GF

- EXTREME HEAT
- XTRA HOT
- HOTTER
- MANGO HABANERO
- SPICY GARLIC PARMESAN
- SPICY BBQ
- MEDIUM (ORIGINAL)
- MILD
- TERIYAKI
- CHIPOTLE BBQ
- CHIPOTLE LOGANBERRY
- HONEY BOURBON BBQ
- GARLIC PARMESAN
- HONEY GARLIC

EXTRAS

CHAR GRILL *for* .99¢ PER 10 | ALL DRUMS *for* .99¢ PER 10
EXTRA BLEU CHEESE OR RANCH *for* .59¢ | ALL FLATS *for* .99¢ PER 10

DRY RUBS GF

- HABANERO RANCH
- CAJUN
- BUFFALO
- JERK
- BUFFALO RANCH
- LEMON PEPPER



FRESH - NEVER FROZEN

TRADITIONAL GF WINGS

SNACK (6pc) \$9.99 | SINGLE (10pc) \$15.99
DOUBLE (20pc) \$28.99 | BUCKET (50pc) \$69.99

BONELESS WINGS

FRESH hand cut and breaded
SNACK (6pc) \$8.99 | SINGLE (10pc) \$14.99
DOUBLE (20pc) \$27.99 | BUCKET (50pc) \$62.99

MEATLESS WINGS

Plant based wings are our meatless version of the Original Chicken Wing shaken in your choice of our sauce selections. 15.99

HEAT KEY 🔥 MILD HEAT 🔥 MEDIUM HEAT 🔥 HOT!

🔥: ANCHOR BAR SIGNATURE ITEMS GF: GLUTEN-FRIENDLY ITEMS 🌿: VEGETARIAN - FRIENDLY

GF While we offer gluten friendly menu options, we are not a gluten free kitchen. Cross-contamination could occur and our restaurant is unable to guarantee that any item can be completely free of allergens. GF

*Consuming raw or undercooked animal foods may increase your risk of contracting a food borne illness, especially if you have certain medical conditions.

APPETIZERS

CAULIFLOWER WING BITES

Cauliflower battered and deep fried until golden brown. Served plain or tossed in your favorite Anchor Bar Sauce flavor. Served with bleu cheese 9.99

BUFFALO SHRIMP Deep fried breaded shrimp tossed in Original (Medium) Anchor Bar Wing Sauce served with a side of celery and bleu cheese. (6 pc) 10.99 (10 pc) 12.99

FRIED PICKLES Large, juicy dill pickles fried and served with a side of ranch dipping sauce. 8.99

PIZZA LOGS Egg roll wraps stuffed with mozzarella cheese, sauce and pepperoni. Served with a side of Anchor Bar pizza sauce. 3pc for 7.99 or 5pc for 10.99

QUESO GF Mouthwatering queso served with multi colored tortilla chips. 8.99

ANCHOR BAR DIP GF

Velvety blend of cream cheese, Anchor Bar's Original Bleu Cheese and our Original (Medium) Anchor Bar Sauce with chunks of chicken. Served warm with multi colored tortilla chips 10.99

MOZZARELLA STIX (5pc) Battered and fried mozzarella stix served with a side of Anchor bar homemade pasta sauce. 9.99

BUFFALO CHICKEN NACHOS Multi-colored tortilla chips topped with diced chicken tossed in our Anchor Bar Original (Medium) sauce, lettuce, tomatoes, black olives and pickled jalapenos served with a side of sour cream and salsa. 14.99
MAKE IT MEATLESS! 10.99

LOADED FRIES OR TOTS GF

A generous portion of our fries or tots smothered in white queso and topped with crispy bacon, chives and a side of sour cream. 9.99
Add pickled Jalapenos for .50

ONION RINGS Crispy, fried onion rings served with spicy ranch dipping sauce. 7.99

ANCHOR BAR QUESADILLA Flour tortilla filled with diced chicken tossed in our Anchor Bar Original (Medium) sauce, queso, cheddars cheese and salsa grilled to perfection. Served with a side of sour cream and salsa. 10.99 | *Without Chicken 8.99*
Add Guacamole +.59

PRETZEL STIX (3) Soft pretzel sticks served with a side of queso and spicy mustard. 9.99



SALADS & SOUPS

CHOICE OF DRESSINGS: HOUSE ITALIAN • RANCH • CAESAR • BLEU CHEESE
HONEY MUSTARD • BALSAMIC VINAIGRETTE • RASPBERRY VINAIGRETTE

BUFFALO CHICKEN SALAD Crispy or grilled chicken strips tossed with Original (Medium) Anchor Bar Wing Sauce served over mixed greens, croutons, cucumbers, tomatoes and crumbled bleu cheese. 13.99

COBB SALAD Mixed greens topped with crumbly bleu, avocado, egg, bacon, tomatoes and grilled chicken with your choice of dressing. 13.99

STRAWBERRY PECAN SALAD Mixed greens topped with grilled chicken, candied pecans, strawberries, goat cheese and served with raspberry vinaigrette dressing. 14.99
Sub Crispy Chicken for Grilled - ask your server!

CHICKEN CAESAR SALAD risp romaine lettuce with grilled chicken, croutons an parmesan cheese, tossed in creamy caesar dressing. 13.99
Without Chicken 9.99

ADD GRILLED CHICKEN +3.99
ADD SHRIMP +4.99

WEDGE SALAD GF Crispy iceberg wedge with tomatoes, cucumbers, bacon and bleu cheese crumbles served with bleu cheese dressing. 11.99

ORIGINAL ANCHOR BAR SPICY HOT CHICKEN WING SOUP
bowl 6.49 | cup 5.99

ENTREES

ADD A SALAD TO ANY ENTRÉE +1.99.

ANCHOR BAR CHICKEN TENDERS FRESH chicken tenders breaded in house and fried until golden brown. Tossed in your choice of Anchor Bar Wing Sauce served with french fries and bleu cheese. 14.99

GRILLED TENDERS FRESH chicken tenders grilled and coated in your choice of Anchor Bar Rub. Served with french fries and bleu cheese. 14.99

BUFFALO CHICKEN MAC & CHEESE Heaping portion of our gooey mac and cheese topped with boneless wings coated with our Original (Medium) Anchor Bar Wing Sauce. Topped with crumbled bleu cheese and green onions. 15.99
WITHOUT CHICKEN 11.99

FISH FRY A generous portion of battered haddock served with french fries and tarter sauce on the side. 16.00



ADD 5 WINGS
to any order +7.99

PIZZA ADDITIONAL TOPPINGS - SM \$1.89 | LG \$2.09 SMALL:12" & LARGE:16"

PEPPERONI (CUP & CHAR) • SAUSAGE • BACON • ONION • GREEN PEPPER
BANANA PEPPERS • TOMATOES • MUSHROOMS • BLACK OLIVES • PICKLED JALAPENOS

CHEESE PIZZA Anchor Bar homemade Pizza sauce and mozzarella. sm 13.99 | lg 18.99

WHITE PIZZA Olive oil, garlic, tomatoes, onions, parmesan and mozzarella cheese. sm 15.99 | lg 21.99

ALL MEAT PIZZA Our Anchor Bar pizza sauce topped with sausage, bacon, pepperoni and mozzarella cheese. sm 18.99 | lg 22.99

VEGGIE SUPREME PIZZA Our Anchor Bar pizza sauce topped with mozzarella, mushrooms, green peppers, black olives and onions. sm 15.99 | lg 20.99

BBQ CHICKEN & GOAT CHEESE Chipotle BBQ Sauce topped with chicken, green onion, goat cheese and mozzarella cheese. sm 18.99 | lg 22.99

We serve traditional Buffalo Style "cup 'n char" pepperoni.

BUFFALO CHICKEN WING PIZZA

Anchor Bar Bleu Cheese sauce topped with chicken tossed in our wing sauce, mozzarella cheese and topped with bleu cheese crumbles. sm 18.99 | lg 22.99
Substitute Anchor Bar Pizza Sauce for Bleu Cheese Dressing. Ask your Server!

PEPPERONI PIZZA



CAULIFLOWER SMALL CRUST
NOW AVAILABLE!
+2.99

BURGERS

FRESH, NEVER FROZEN 1/2 LB. ANGUS BEEF PATTY SERVED WITH FRENCH FRIES AND A PICKLE SPEAR.

SUB OUT OR ADD ANY CHEESE ON YOUR BURGER! ASK YOUR SERVER. CHEESE CHOICES: AMERICAN, CHEDDAR, SWISS, PEPPER JACK AND QUESO.

ADD BACON FOR +1.49 | ADD CARAMELIZED ONIONS OR ONION STRAWS FOR +.99 | GLUTEN FREE ROLLS AVAILABLE! FOR +.99

THE AMERICAN Our fresh Angus beef patty char grilled and topped with American cheese, lettuce, tomato and red onion on a kaiser roll. 11.99

BUFFALO WING BURGER Our fresh Angus beef patty char grilled and smothered in our Original (Medium) Anchor Bar Wing Sauce. Topped with our World Famous Chicken Wing, crumbled bleu cheese, lettuce, tomato and red onion on a kaiser roll. 13.99

IMPOSSIBLE BURGER A 1/4 lb. veggie burger topped with lettuce, tomato and onion served on a kaiser roll. 14.99

AVOCADO BURGER Our fresh Angus beef patty char grilled and topped with pepperjack cheese, avocado slices, spicy ranch, lettuce, tomato and red onion on a kaiser roll. 13.99

BACON BLEU BURGER Our fresh Angus beef patty char grilled and topped with caramelized onions, crispy bacon, crumbled bleu cheese, lettuce, tomato and red onion on a fresh kaiser roll. 13.99

SANDWICHES & WRAPS

SERVED WITH FRENCH FRIES AND A PICKLE SPEAR. SUB OUT OR ADD ANY CHEESE TO YOUR SANDWICH!

CHEESE CHOICES: AMERICAN, CHEDDAR, SWISS, PEPPER JACK AND QUESO GLUTEN FREE ROLLS AVAILABLE! FOR +.99

BUFFALO'S BEST- ANCHOR BAR WINGS & WECK

Five wings tossed in your choice of Anchor Bar Wing Sauce or dry rub alongside Buffalo's favorite sandwich - juicy roast beef piled high on a freshly baked kimmelweck roll with horseradish, au jus and bleu cheese dressing. 18.99

ROAST BEEF ON WECK Slow roasted, thinly sliced roast beef piled high and served on a freshly baked kimmelweck roll with horseradish and au jus. 13.99

BUFFALO CHICKEN SANDWICH Breaded chicken breast tossed in Original (Medium) Anchor Bar Wing Sauce topped with lettuce, tomato and red onion. Served with bleu cheese dressing on a kaiser roll. 13.99 Substitute Grilled Chicken - Ask your Server!

BUFFALO CHICKEN WRAP

Breaded chicken strips with our Original (Medium) Anchor Bar Wing Sauce, bleu cheese dressing and lettuce wrapped in a flour tortilla. 12.99

SIDE ORDERS 4.99 EACH

SIDE SALAD • SIDE CAESAR SALAD • FRESH BROCCOLI • FRENCH FRIES • SWEET POTATO FRIES • MAC & CHEESE • TATER TOTS

ONION RINGS French fries can be seasoned with your choice of our signature dry rubs for +.99

KIDS YOUR CHOICE FOR 7.99 • INCLUDES SOFT DRINK • KIDS 12 YEARS & UNDER

ANCHOR BAR CHICKEN TENDERS & FRIES (2pc)

FRESH Chicken tenders tossed in your choice of Anchor Bar Wing Sauce served with French fries and bleu cheese or ranch.

CHICKEN WINGS (3pc) Our traditional wings served with French fries.

CHEESE QUESADILLA Flour tortilla filled with cheddar jack and queso.

HOT DOG Char-grilled Sahlen's hot dog served with french fries.

PIZZA LOGS & FRIES (2pc) Egg roll wraps stuffed with mozzarella cheese, sauce and pepperoni. Served with a side of pizza sauce.

MAC & CHEESE Pasta smothered in a creamy cheese sauce.

CHEESE PIZZA Topped with Anchor Bar homemade pizza sauce and mozzarella cheese. Add a topping for +.79

ADD 5 WINGS
to any order + 7.99

MAC & CHEESE BURGER Our fresh Angus beef patty char grilled and topped with a heaping scoop of our creamy mac & cheese, lettuce, tomato and red onion on a kaiser roll. 13.99

MUSHROOM SWISS BURGER Our fresh Angus beef patty char grilled and topped with swiss cheese, sautéed mushrooms, lettuce, tomato and onion on a kaiser roll. 13.99

BBQ BACON BURGER Our fresh Angus Beef patty char grilled and topped with cheddar cheese, Anchor Bar's Spicy BBQ Sauce, crisp bacon, lettuce, tomato and red onion on a fresh kaiser roll. 13.99

QUESO BURGER Our fresh Angus beef patty char grilled and topped with our homemade queso, bacon & onion straws served on a kaiser roll with a side of lettuce and tomato. 13.99

ADD 5 WINGS
to any order + 7.99

CHICKEN PHILLY Chicken grilled with mushrooms, caramelized onions, smothered with queso served on a baked hoagie roll. 13.99 • Make it Buffalo Style with our Original (Medium) Anchor Bar Wing Sauce!

STEAK PHILLY Sirloin steak grilled with mushrooms and caramelized onions, smothered in queso and served on a baked hoagie roll. 13.99 • Make it Buffalo Style with our Original (Medium) Anchor Bar Wing Sauce!

BUFFALO CHICKEN CLUB Fried chicken breast tossed in Anchor Bar (Original) Medium sauce, bacon, pepper jack cheese, lettuce, tomato, served on toasted white bread, served with french fries. Add a side of bleu cheese or ranch. +.59

HOT DOGS Sahlen's hot dogs are here! Two char-grilled Sahlen's hot dogs served with french fries and diced onion. 8.99

CHICKEN CAESAR WRAP Tender grilled chicken strips with crisp romaine lettuce, parmesan cheese and creamy Caesar dressing wrapped in a flour tortilla. 12.99

Frank & Teressa's

ANCHOR BAR®

• ESTABLISHED 1935 BUFFALO, NY •



KENNESAW, GA

2708 Town Center Drive | Kennesaw, Georgia 30144

WWW.ANCHORBAR.COM

THE HOME OF THE ORIGINAL BUFFALO WING IS GROWING!
VISIT US AT WWW.ANCHORBAR.COM
TO VIEW ALL OF OUR LOCATIONS ACROSS THE UNITED STATES AND CANADA!