



Frank & Teressa's

ANCHOR BAR

• ESTABLISHED 1935 BUFFALO, NY •



"THE REAL STORY"



On March 4th, 1964, Dominic Bellissimo was tending bar at the now-famous Anchor Bar Restaurant in Buffalo, NY. Late that evening, a group of Dominic's friends arrived at the bar with ravenous appetites. Dominic asked his mother, Teressa, to prepare something for his friends to eat.

They looked like chicken wings, a part of the chicken that usually went into the stockpot for soup.

Teressa had deep-fried the wings and flavoured them with a secret sauce. The wings were an instant hit and it didn't take long for people to flock to the bar to experience their new taste sensation. From that evening on, Buffalo wings became a regular part of the menu at the Anchor Bar.

The phenomenon created in 1964 by Teressa Bellissimo has spread across the globe. Although many have tried to duplicate the Buffalo wing, the closely guarded secret recipe is what makes Frank & Teressa's the proclaimed "Best Wings in the World".



Apps + Snacks

BATTERED MOZZARELLA STICKS - Served with marinara sauce \$11.5


ONION RINGS - Thick-cut onion rings, beer battered & fried golden brown, served with our own special BBQ mayo \$11.5

FRIED PICKLES - Served with horseradish sauce \$11.5

FRENCH FRIES - Golden brown, plain or seasoned \$6.5

Soups + Salad

 **ORIGINAL ANCHOR BAR SPICY HOT CHICKEN WING SOUP** \$7 / **SOUP DU JOUR** \$7


 **BUFFALO CHICKEN TENDER SALAD** - Crisp lettuce, fresh tomatoes, cucumbers, shredded cheddar cheese topped with your choice of grilled or crispy chicken & tossed in Anchor Bar Sauce (mild, medium, hot, extreme heat or spicy BBQ) \$18


CHICKEN CAESAR SALAD - Crisp romaine lettuce, shredded parmesan cheese & croutons topped with your choice of grilled or crispy chicken \$18


SMALL ANCHOR SALAD - Crisp lettuce, fresh tomatoes, cucumbers, chickpeas & croutons \$9

SMALL CAESAR SALAD - Crisp romaine lettuce, shredded parmesan cheese & croutons \$9

Wings + Things

 **OUR WORLD-FAMOUS CHICKEN WINGS** – prepared with original Anchor Bar Sauce (mild, medium, hot, extreme heat or spicy BBQ), served with Anchor Bar Bleu Cheese & celery sticks \$18

 **CHICKEN TENDER PLATTER** - Crispy chicken tenders, breaded and prepared with your choice of Anchor Bar Sauce (mild, medium, hot, extreme heat or spicy BBQ), french fries & Anchor Bar Bleu Cheese \$16

 **CHICKEN TENDER HOAGIE** - Crispy chicken tenders, breaded, served plain or with your choice of Anchor Bar Sauce (mild, medium, hot, extreme heat or spicy BBQ), lettuce, tomato & provolone cheese on a hoagie roll, served with macaroni salad \$13

BEEF ON WECK - Thin-sliced roast beef on a kimmelweck, served with macaroni salad & horseradish \$15

TURKEY CLUB HOAGIE - Smoked turkey breast, crispy bacon, provolone cheese, lettuce, fresh tomato & basil mayo on a toasted hoagie roll, served with macaroni salad \$13

+Consuming raw or uncooked meats, fish or fresh shell eggs may increase your risk of foodborne illness

 : ANCHOR BAR SIGNATURE ITEMS